



Advanced Mentoring Skills for Doctors

6 external CPD points

Introduction

The programme will be split with time in between the Webinars for the delegates to practice the skills involved in mentoring. Delegates select a student/trainee or new member of staff to apply the mentoring skills learnt on the Webinar. A psychometric test is completed prior to the first Webinar for delegates to gain a greater understanding of individual differences and preferences. The programme will be accredited by the ILM (Institute of Leadership and Management) to encourage staff to become mentors and to recognise the skills and knowledge they will gain. The skills obtained within the programme will be applied to the different situations.

Course Structure

- **2 x 2.5 hour live Webinars**

Webinar Objectives

Day 1

- Understand the purpose, responsibilities and qualities of a good Mentor
- Understand the different situations where you may need to mentor another healthcare professional
- Review the nature of mentoring relationships and how to instigate a mentoring contract
- Explore and practice key mentoring skills
- Review coaching skills using the GROW model
- To review the nature of the mentoring relationships
- To examine key mentoring skills – human interactions
- To review the skills previously introduced using the GROW model and examine the skills of empathy as part of this process
- To explore different mentoring styles and when to apply them
- To revisit mentoring guidelines – “Confidentiality”, “Challenges” and “Trust”
- Application of the Miro Psychometric Test to understand our own unique style of communication and how to effectively influence other styles

Day 2

- Apply and Develop Mentoring Skills
- To review your experiences gained and application of skills
- To understand the pitfalls and benefits of communication through “Social Media”
- To apply the required skills by working through relevant case-studies - paraphrasing and challenging when appropriate
- To review boundaries and the need to escalate or seek support as required
- To understand your development needs and support as the mentor

To book or enquire about this programme please contact us:

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