



# Managing Yourself and Your Team through Change – Live Webinar

**3** external CPD points

## Introduction

Change affects everyone including ourselves. It is important to recognise how we and others respond to change before implementing a strategy. Different people will respond to change differently. This webinar will help you to understand the positives and negatives of change and how to help others through transitions.

*“The secret of change is to focus all of your energy, not on fighting the old but on building the new”*

Socrates

## Course Structure

- 2.5 hour webinar

## Webinar Objectives

- To learn techniques to manage change effectively
- To understand theoretical models of change and why people resist or accept change
- To explain the change curve and review the best way to lead people through various stages
- How to Lead change
- Managing your Team through the change

To book or enquire about this programme please contact us:

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