



Remaining Effective - The 7 Habits: Part 2

3 external CPD points

Learning and discussion – 2.5 hour interactive webinar session

Following on from Remaining Effective Part 1 this webinar focuses on how best to apply Habits 5-7 within The Covey Principles.

- Habits 5 ,6 ,7
 - Seek first to understand – 5th habit
 - Synergise – 6th habit
 - Sharpen the saw – resilience – 7th habit
- A 10-15 minute Q&A session (unrecorded) to deal with personal issues and challenges

5 mins	<ul style="list-style-type: none"> • Aims and objectives • Timings – Process: Think-Do-Share • Introductions
30 mins	<ul style="list-style-type: none"> • The maturity continuum • Habit 5: Be Seek first to understand
40 mins	<ul style="list-style-type: none"> • Habit 6: Synergise and the importance of teamwork • Understanding a teamwork model and application in the context of a crisis
15 mins	<ul style="list-style-type: none"> • Coffee
45 mins	<ul style="list-style-type: none"> • Habit 7: Sharpen the Saw • Principle-centred leadership • Stress management – The stressor response chain
10 mins	<ul style="list-style-type: none"> • Q & A
5 mins	<ul style="list-style-type: none"> • Next steps and action plan