



## Bullying, Harassment and Sexual Safety

This programme is available as either a face to face workshop or live webinar, and is fully CPD accredited.

## Introduction

The General Medical Council (GMC) released its Good Medical Practice 2024, and one of the key changes in the new guidance is the inclusion of a specific section on sexual harassment. This programme is aimed at both supervisors and doctors who wish to understand more about the impact of bullying and harassment and sexual harassment in the workplace, particularly when dealing with team management, team interaction and diversity issues.

During this course you will learn of the work of the National Sexual Safety Collaborative (SSC) and through sensitive and impactful discussion, the practical steps you can take to lay the foundations for good practice and to build the capability to improve sexual safety. In a safe environment, you will be given the tools, strategies and resources to support you and your team, and how you can contribute to the prevention and intervention of such events.

## Course Structure

Face to face workshop and live webinar option available

## Course Objectives

- Understand the definitions of Bullying and Harassment and define 'sexual harrassment'
- Review your local policy and understand how it relates to the workplace and you as an individual
- Classify the types and forms of sexual harassment
- Identify and debunk myths surrounding sexual harassment with correct facts
- Describe and know your rights in the face of harassment
- Explain how to prevent sexual harassment
- Outline what managers need to know about sexual harassment
- Recall and trace the steps managers need to take to prevent sexual harassment from occurring in the workplace
- Understand the principles of the Thomas Kilmann model for managing conflict
- Develop your skills as an assertive communicator
- Explore scenarios and outcomes