



2 day Leader as Coach and Advanced Mentoring Skills for Healthcare Professionals – Live Webinar

12 external CPD points

Introduction

The programme will be split with time in between each session for the delegates to practise the skills involved in mentoring. Delegates select a student/trainee or new member of staff to apply the mentoring skills learnt on the programme. A MindSonar assessment is completed prior to the first day for delegates to gain a greater understanding of their individual differences and preferences. The programme will be accredited by the AC (Association for Coaching) to encourage staff to become mentors and to recognise the skills and knowledge they will gain. The skills obtained within the programme will be applied between the sessions and discussed during the second day of the course.

Course Structure

- **2 day webinar. Day 1 and day 2 both run with am sessions 10am – 12.30pm and pm sessions 1.30pm – 4pm**

Webinar Objectives

Day 1

- To understand the purpose/responsibilities of a Coach and Mentor
- To identify the differences/similarities between the roles, and when to **employ** each
- To review the nature of the mentoring relationships
- To examine key skills – human interactions
- To review the skills previously introduced using the IGROW model and examine the skills of empathy as part of this process
- To explore different mentoring styles and when to apply them
- Application of the MindSonar® measurement to understand our own unique style of communication and how to effectively influence other styles

Day 2

- To review your experiences gained and application of skills
- To understand the pitfalls and benefits of communication through “Social media”
- To apply the required skills by working through a case study
- To better understand yourself and others with Mindsonar
- To review boundaries and the need to escalate or seek support as required
- To understand your development needs and support as the mentor
- To acknowledge and understand the advantages and limitations of corridor coaching

To book or enquire about this programme please contact us:

t: 01182287695 - e: info@miadhealthcare.com - w: www.miadhealthcare.com